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```
(代謝 症候群)
                                                : metabolic syndrome)
                                                                                            2
                                                    가
      (IR)
                            가
                                                         2
                                                                                가
                                                                                     가
                                                    (Gerald Reaven)
                                  1988
                                                                             X'(metabolic
syndrome X), 'X
                     '(syndrome X), '
                                                  '(cardio-metabolic syndrome), '
      '(insulin resistance syndrome), '
                                              '(Reaven's syndrome), '
                                                                         '(CHAOS,
                    . 1998
                                        '(IR syndrome)
                                                                                  '(
      )
                                                         (lipid metabolism)
    가,
                                       가
                                                               가
                                                                             (痛風)
                               (NCEP)
                              102cm(
                                           90cm),
                                                       88cm(
                                                                   85cm)
              150mg/dℓ
                             40mg/dℓ,
                                          50mg/dℓ
              : 110mg/dℓ
                  130 ☐ Hg
                                          85∏Hg
          가
5가
                 3가
```

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