

(代謝 症候群) (: metabolic syndrome) 2
가 .
(IR) 가 2 가 가 .
1988 (Gerald Reaven)
'X'(metabolic
syndrome X), 'X '(syndrome X), '
'(insulin resistance syndrome), '
) . 1998 '(cardio-metabolic syndrome), '
'(Reaven's syndrome), ' '(CHAOS,
'(IR syndrome) ' '(

가, , 가 , (lipid metabolism) (痛風) .

(NCEP) .
• : 102cm(90cm), 88cm(85cm)
• 150mg/dℓ
• : 40mg/dℓ, 50mg/dℓ
• : 110mg/dℓ
• : 130㎍Hg 85㎍Hg
5가 가 3가 .

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